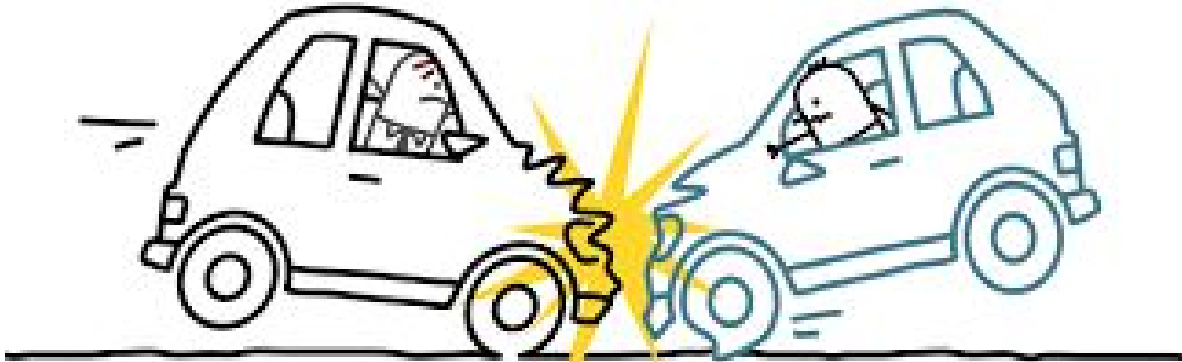


WHIPLASH



The MECHANICS of Whiplash

Your neck is composed of seven vertebrae. Each is designed to move in conjunction with its neighbor above and below. This allows the neck to bend, twist and turn.

When whiplash occurs, your neck goes beyond its normal range of motion, straining and in some cases tearing muscles, ligaments and joint structures.

The result is a neck with too much movement in some regions and not enough in others.

SYMPTOMS OF WHIPLASH

- Neck and thoracic pain
- Loss of range of motion
- Headaches, light-headedness, dizziness
- Irritability, moodiness, depression
- Muscular spasm, trigger points

Whiplash is a complex injury and needs to be taken seriously. Early evaluation and treatment are important to prevent long term problems.

Your chiropractor is an expert in spinal diagnosis and treatment. Follow recommended treatment to ensure proper healing.

REMEMBER: THERE IS NO SUCH THING AS A MINOR CAR ACCIDENT!